

Course Information

Course Listing - Advanced Manual Treatment of Post-Surgical Breast Cancer Patients

Susan L Chapelle, RMT



Dates & Times: Oct. 3, 4, 2015, 9:00am - 5:20pm

CMTBC Approved (Credits and Category): 14 PE/A2

Venue: Westminster, Executive Airport Plaza Hotel, 7311 Westminster Hwy. Richmond
Sleeping Rooms available \$119. Guests may call locally at 604-278-5555 or Toll free at 1-800-663-2878.
Please quote "Registered Massage Therapist of BC"

Cost: early member \$378, regular member \$420, non member \$480

Contact: Dereck Kankam at prof.edu@rmtbc.ca or 604-873-4467 ext. 300

Prerequisites: None

Total Number of Students: 30

Brief Description:

Breast cancer treatment often leads to chronic and debilitating upper limb dysfunction and pain. This course will take an evidence-based approach to the treatment of patients who are suffering from post-surgical complications suffered after breast cancer treatment protocols.

The foundation of the course will include anatomy, physiology, pathophysiology, and biomechanics. These will be tied to treatment methods that emphasize the importance of neuro-anatomy and lymphatic systems. The anatomy and treatment of both healthy and pathological breast tissue will be included. Throughout the course there will be a focus on diagnostic reasoning.

Learning Outcomes:

- A. Knowledge of cancer specific surgical and medical interventions
- B. Knowledge of presentation patterns for breast tissue, both normal and pathological.
- C. Understanding cellular level healing mechanisms
- D. Confidence and understanding sufficient to initiate safe treatment.
- E. Evidence informed approaches to treatments for post surgical care.
- F. Understanding of possible neurological outcomes of cancer care.
- G. Understanding of systemic problems arising from cancer treatment.
- H. Knowledge of basic anatomy and biomechanics including nerve tissue.

Course Information Cont'd...

Instructor Biography:

Susan Chapelle has been a practicing therapist for over 20 years. She is the recipient of the 2010 award for “registered massage therapist of the year” for British Columbia for her contribution to research in the field of manual therapy.

Susan is owner of Squamish Integrated Health, a multidisciplinary clinic in Squamish BC. Susan is involved in her community to bring the importance of complimentary medicine to a larger group. She was elected to City Council in 2011, and uses her work as a politician to bring a lens of healthcare to land use issues in municipal politics.

Susan continues her work to examine the effects of manual therapy and contribute to the scientific literature on scars and adhesion formation. As a speaker at international conferences, she has presented her research on cancer and post-operative surgical therapies. She has collaborated with Geoffrey Bove, D.C, PhD at the University of New England, and the Massage Therapist Association of British Columbia. Her publication, “Visceral Mobilization Can Lyse and Prevent Peritoneal Adhesions in a Rat Model” as well as her most recent manuscript “The effects of Manual Therapy on Post-Operative Ileus” have been published in the Journal of Bodywork and Movement Therapies. Susan has been working on a National Institute of General Medical Science grant on mechanisms of adhesion formation at the University of New England.

Course Information Cont'd...

Fascial Manipulation became a clinical interest in 2010, and she started her training in Thiene, Italy in 2010 in the first international course in English then. She has returned to Italy four times since, the last of which she attended in September 2013 to study Fascial Manipulation for Internal Dysfunction. While in Italy she has had the pleasure and honour of learning from the "Family Stecco:" Luigi Stecco PT; Dr Carla Stecco MD; and Dr Antonio Stecco MD.

Lawrence (Larry) Steinbeck

Lawrence (Larry) Steinbeck, MSc. Phys. Ed. and State of Georgia Board Certified Physical Therapist has over 28 years in direct patient care. He has been the Manager of Physical Therapy for the Atlanta Falcons Physical Therapy Centre / Jasper Physical Therapy since 2002. His post professional experiences include post grad courses in: MFTP dry needling, PNF, Strain / Counterstrain, and Myofascial Release. He has lectured at the School of Physiotherapy at Mercer University, Atlanta GA and the Physical Therapy Association of Georgia as well as presenting a case report utilizing the Fascial Manipulation Method. He has been a certified Instructor for the Fascial Manipulation Association (AMF) since 2013.